

Self-Evaluation of Maturity

Once we have accepted Jesus Christ as our Lord and Savior we then begin a process of maturing spiritually. While none of us will ever be completely mature, we need to evaluate where we are in the maturing process. This questionnaire will help you determine your spiritual maturity.

After you complete this self evaluation you are encouraged to allow one or more of your leaders or friends to use the guide “Others’ Evaluation of Maturity.” Then compare your findings with the findings of your leaders or friends using the “360 Evaluation of Spiritual Maturity.” This sheet will help you see your progress and determine the areas where God wants to work in your life.

Instructions: Evaluate yourself on the qualities and characteristics that are listed below. Under each statement is a scale of from 1 to 10.

- **1 is saying this statement doesn’t describe me at all,**
- **5 – This statement describes me to an average extent,**
- **10 – This statement describes me to a very great extent.**

Under each category give a sentence or two about why you evaluated yourself the way you did.

I. A disciple should BE certain things in the core of who they are. The following characteristics come from Galatians 5:22-23 the fruit of the spirit, but some come from other scriptures as well.

A. Attitudinal qualities

Loving – A mature disciple has a heart that genuinely loves all people.

1 2 3 4 5 6 7 8 9 10

Why did you rate yourself the person way that you did?

Joy – A mature disciple has joy exude from them even in the midst of difficult situations.

1 2 3 4 5 6 7 8 9 10

Why did you rate yourself the way that you did?

Peace – A mature disciple has a peaceful heart even in the midst of uncertainty.

1 2 3 4 5 6 7 8 9 10

Why did you rate yourself the way that you did?

Patience – A mature disciple is patient with others and with situations.

1 2 3 4 5 6 7 8 9 10

Why did you rate yourself the way that you did?

Kindness – A mature disciple is kind not only to friends but to new people and even people whom they may have a conflict with.

1 2 3 4 5 6 7 8 9 10

Why did you rate yourself the way that you did?

Generosity – A mature disciple is generous with their money, possessions and time.

1 2 3 4 5 6 7 8 9 10

Why did you rate yourself the way that you did?

Faithfulness – A mature disciple follows through on their commitments.

1 2 3 4 5 6 7 8 9 10

Why did you rate yourself the way that you did?

Gentleness – A mature disciple is gentle when interacting with others, even if they need also be firm.

1 2 3 4 5 6 7 8 9 10

Why did you rate yourself the way that you did?

Self-Control – A mature disciple controls their attitudes and appetites.

1 2 3 4 5 6 7 8 9 10

Why did you rate yourself the way that you did?

Humble – A mature disciple doesn't need their own agenda to be delivered.

1 2 3 4 5 6 7 8 9 10

Why did you rate yourself the way that you did?

Satisfied – A mature disciple is satisfied in the joy of the Lord, not in possessions or status.

1 2 3 4 5 6 7 8 9 10

Why did you rate yourself the way that you did?

Forgiving – A mature disciple seeks to forgive others.

1 2 3 4 5 6 7 8 9 10

Why did you rate yourself the way that you did?

B. Moral Characteristics

Speech – A mature disciple uses their speech to build others up, not tear them down either in front of their face or behind their back.

1 2 3 4 5 6 7 8 9 10

Why did you rate yourself the way that you did?

Sexual Purity – A mature disciple experiences God's gift of sexuality within the covenant of marriage.

1 2 3 4 5 6 7 8 9 10

Why did you rate yourself the way that you did?

Truth – A mature disciple speaks truthfully.

1 2 3 4 5 6 7 8 9 10

Why did you rate yourself the way that you did?

II. There are certain things that mature disciples KNOW

A. Biblical/Theology

Core theology – The mature disciple knows the basics of the Christian faith.

1 2 3 4 5 6 7 8 9 10

Why did you rate yourself the way that you did?

Study methods – The mature disciple knows how to study the bible in order to find out how God is speaking to them in their life.

1 2 3 4 5 6 7 8 9 10

Why did you rate yourself the way that you did?

Basic answers – The mature disciple knows how to answer the basic objections or questions of the Christian faith.

1 2 3 4 5 6 7 8 9 10

Why did you rate yourself the way that you did?

B. Ministry

Spiritual Gifts – A mature disciple knows their spiritual gifts.

1 2 3 4 5 6 7 8 9 10

Why did you rate yourself the way that you did?

Strengths and Weaknesses – A mature disciple knows their strengths and weaknesses for ministry.

1 2 3 4 5 6 7 8 9 10

Why did you rate yourself the way that you did?

Disciple – A mature disciple knows how to help others on the road to discipleship.

1 2 3 4 5 6 7 8 9 10

Why did you rate yourself the way that you did?

III. There are certain things that mature disciples DO.

A. Spiritual Habits

Pray – A mature disciple prays for self, others and God’s will to come about.

1 2 3 4 5 6 7 8 9 10

Why did you rate yourself the way that you did?

Bible Study – A mature disciple regularly approaches God’s word in order to understand more about God and him/herself.

1 2 3 4 5 6 7 8 9 10

Why did you rate yourself the way that you did?

Worship – A mature disciple seeks to engage with God in weekly worship.

1 2 3 4 5 6 7 8 9 10

Why did you rate yourself the way that you did?

Tithing – A mature disciple is committed to giving at least 10% of their gross income to the ministry of God and to do so primarily through their local church.

1 2 3 4 5 6 7 8 9 10

Why did you rate yourself the way that you did?

Other practices – A mature disciple regularly integrates other spiritual practices in order to see their relationship with the Lord grow.

1 2 3 4 5 6 7 8 9 10

Why did you rate yourself the way that you did?

B. Evangelism/Discipleship

Lives Missionally – A mature disciple sees themselves as a sent agent of God to exhibit God’s kingdom in their context and lives accordingly.

1 2 3 4 5 6 7 8 9 10

Why did you rate yourself the way that you did?

Shares faith – A mature disciple takes advantage of the God given opportunity to share their faith with those who do not yet know Christ.

1 2 3 4 5 6 7 8 9 10

Why did you rate yourself the way that you did?

Disciples others – A mature disciple comes alongside new Christians in order to help them become mature disciples as well.

1 2 3 4 5 6 7 8 9 10

Why did you rate yourself the way that you did?

C. Relationships with others

Accountability - Mature disciples have people in their lives with whom they are open and honest.

1 2 3 4 5 6 7 8 9 10

Why did you rate yourself the way that you did?

Encouragement – A mature disciple gives and receives encouragement from other believers.

1 2 3 4 5 6 7 8 9 10

Why did you rate yourself the way that you did?

Serve – A mature disciple uses their gifts, passions and skills to bring about God’s purposes in their church and in the world.

1 2 3 4 5 6 7 8 9 10

Why did you rate yourself the way that you did?

Learning – A mature disciple is committed to continual learning of ministry skills.

1 2 3 4 5 6 7 8 9 10

Why did you rate yourself the way that you did?

SUMMARY

Where have you seen progress in your spiritual life in the last 3 months to a year?

Where do you think God wants to work on you now?

What steps could you take to allow God to work on you in these areas?